



Prayers for Pujas & Practice Occasions

Shantideva Center
Park Slope, Brooklyn

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Verses for the Eight Auspicious Noble Ones

When undertaking any activity, if at the outset you complete one recitation of this prayer, you will realize your accomplishments and happiness just as you wish. Since this is the case, it is important to commit it to memory.

OM

To you auspicious ones, dwelling in the ten directions 'realms
Where all that appears and exists is perfectly pure, spontaneous
in nature –
To the entire noble collection of Buddha, Dharma, and Sangha,
I prostrate!
May all be auspicious for us!

O King of Illumination, Intention to Accomplish Aims
with Steadfast Power,
Glorious Adornment of Loving Kindness, Supremely Glorious
One Renowned for Virtue,
Greatly Renowned as Consideration for All,
Glorious Renown That Is Valor as Noble as Mount Meru,
Glorious Renown That Is Consideration for All Sentient Beings,
and Glorious Renown That Is Valor Which Causes
Contentment:
Hearing your mere names increases fortune and glory.
I prostrate to the eight sugatas!

O youthful Manjushri, glorious Vajrapani,
Powerful Avalokita, protector Maitreya,
Kshitigarbha, Nivaranavishkambin,
Akashagarbha, and supreme arya Samantabhadra:
You beautifully carry your hand implements –
the utpala flower, vajra,
White lotus, naga-wood, jewel, moon,
Sword, and sun – supreme of auspiciousness and glory!
To the eight bodhisattvas, I prostrate!

The jeweled precious parasol, the auspicious golden fish,
The excellent vase pouring forth desired objects,
the beautiful kamala lotus,
The conch of great renown, the glorious never-ending knot,
The always-flying banner of victory, and the powerful wheel
of transformation –
O you for whom these eight supreme precious symbols serve
as hand ornaments:
You goddesses who make offerings to the victors of all times
and every direction, and cause them delight,
Lasya and so forth, by bringing you to mind, you increase
our glory!
To the eight auspicious goddesses, I prostrate!

Mahabrahma, Source of Bliss, Son of Non-Craving,
Thousand-Eyed One, kings Dhritarashtra,
Virudhaka, Virupaksham the lord of nagas, and
Vaishravana, each holding your divine symbol –
Wheel, trident, lance, vajra,
Vina, sword, stupa, and victory banner –
You increase the virtue, goodness, and fortune for those
who reside in the three realms.
To the eight worldly guardians, I prostrate!

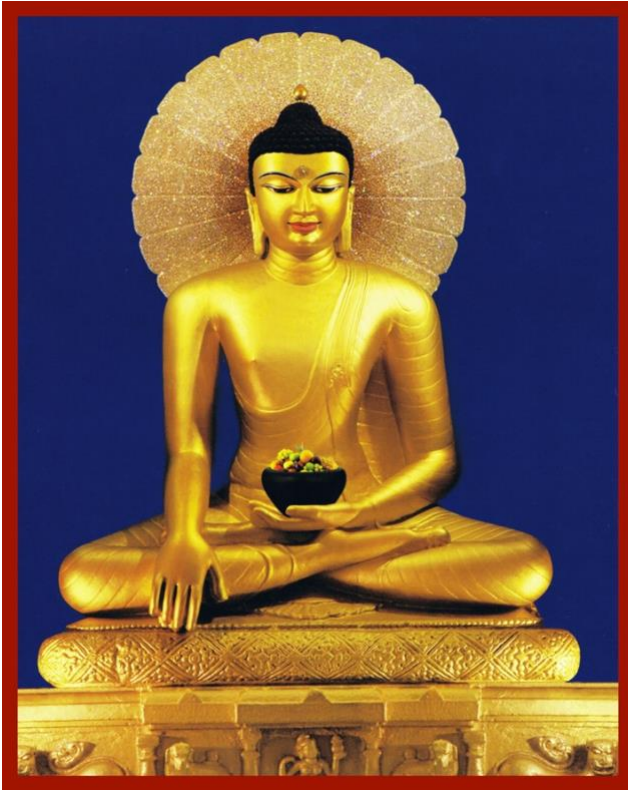
May any activity we undertake here today,
Obstacles and misfortunes having been pacified,
Accomplish our desired goals and increase in glory in
accordance with our wishes!
May fortune, happiness, and prosperity abound!

Shakyamuni Buddha Praise & Mantra

Lama Zopa Rinpoche recommends:

Do this recitation while looking at the picture of Shakyamuni Buddha. By looking one pointedly, visualize nectar beams coming from Buddha's heart with loving kindness and compassion to you and all living beings of six realms - obscured suffering sentient beings.

Praise to Shakyamuni Buddha



LAMA TÖN PA CHOM DÄN DÄ DE ZHIN SHEG
PA DRA CHOM PA YANG DAG
PAR DZOG PÄI SANG GYÄ

**To the founder, the endowed transcendent
destroyer, the one gone beyond, the foe
destroyer, the completely perfected, fully
awakened being,**

RIG PA DANG ZHAB SU DÄN PA / DE WAR
SHEG PA / JIG TEN KHYEN PA

**perfect in knowledge and in good conduct,
Sugata, knower of the world,**

KYE BU DÜL WÄI KHA LO GYUR WA LA NA ME
PA / LHA DANG MI NAM KYI TÖN PA

**supreme guide of human beings to be
tamed, teacher of gods and human beings;**

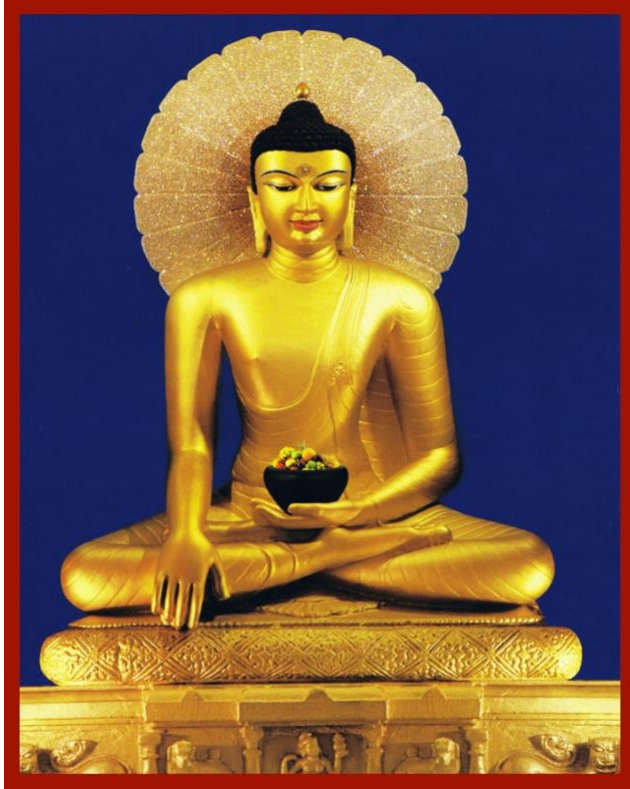
SANG GYÄ CHOM DÄN DÄ PÄL GYÄL WA SHA KYA THUB PA LA

**to you the completely and fully awakened one, the endowed transcendent destroyer, the
glorious conqueror, the subduer from the Shakya clan,**

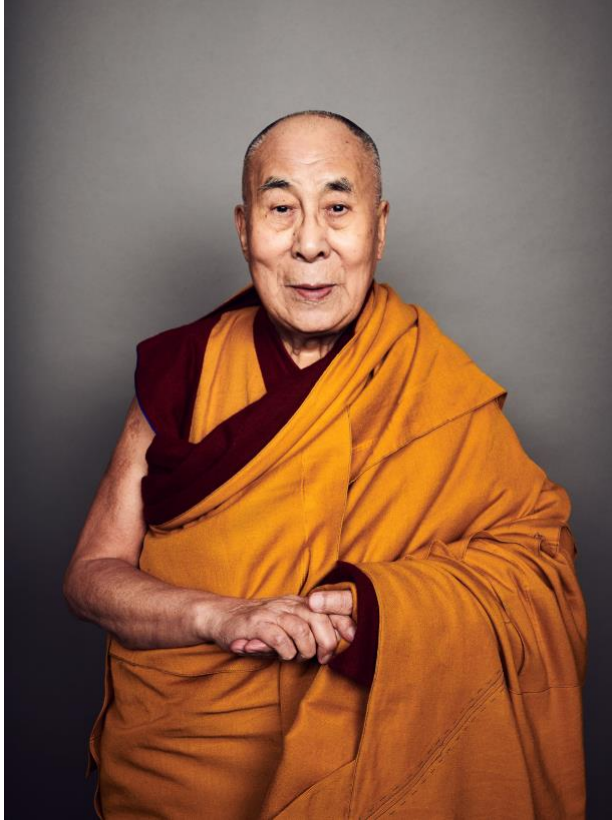
CHHAG TSHÄL LO / CHHÖ DO KYAB SU CHHI WO

I prostrate, make offerings, and go for refuge.

Shakyamuni Buddha Mantra



TADYATHA OM MUNE MUNE
MAHA MUNEYE SVAHA



A Prayer for the Long Life of His Holiness the Dalai Lama

JIG TEN KHAM DIR PHÄN DE ME LÜ PA
The wish-granting Wish-Fulfilling Jewel,

GANG LÄ JUNG WÄI SAM PHEL YI ZHIN NOR
**Source of every single benefit and happiness
in this world,**

KA DRIN TSHUNG ME TÄN DZIN GYA TSHO LA
To the incomparably kind Tenzin Gyatso, I beseech:

SÖL WA DEB SO THUG ZHE LHÜN DRUB SHOG
May all your holy wishes be spontaneously fulfilled.



A Prayer for the Swift Return of Lama Zopa Rinpoche

By His Holiness the 14th Dalai Lama, Tenzin Gyatso

DA ME TÖN PA GYÄL SÄ NYÄN RANG TSHOG
LO ZANG GYÄL WA YAB SÄ GYÜ PAR CHÄ
RAB JAM ZHING GI KYAB YÜL MA LÜ PÄ
DENG DIR MÖN PA DRUB PÄI GE LEG TSÖL

**Peerless Teacher and assembly of the children of the
victorious ones, sravakas, and pratyekabuddhas;
Victorious Lozang father and sons, along with the
lineage masters;
All the objects of refuge of infinite lands—
Please bestow the virtue and goodness of
accomplishing this prayer here and now.**

YONG SU DZOG PÄI THUB TÄN RIN PO CHHE
SHÄ DANG DRUB PÄ DZIN CHING PEL WA LA
NAM YANG MI ZHUM ZÖ PÄI GO CHHA CHÄN
TSUNG ME JE TSÜN LA MAR SÖL WA DEB

**Holding and spreading the Muni's (thub) precious
and complete teachings (ten)
Through explanation and practice,
You wore the armor of patience (zopa) that is never
discouraged—
Incomparable venerable guru, to you I make request.**



PHÄN DE MA LÜ JUNG WÄI GO CHIG PU
GYÄL WÄI TÄN DANG MA GYUR DRO WA YI
DÖN LA CHIG TU TSÖN PA DZÄ PÄI MUR
LO BUR ZHI WAR SHEG DIR YI RE PHANG

**While striving single-pointedly for the sake of the
Victorious One's teachings,
The sole gateway through which all benefit and
happiness emerge,
And for mother living beings,
You suddenly departed to peace—what a great loss!**

ÖN TANG CHHOG SUM GYA TSHÖI JIN LAB DANG
GYÄL SÄ NAM KYI THUG KYE LAB PO CHHE
LU ME DEN PÄ YANG TRÜL SAR PÄI DZUM
KÄL ZANG DÜL JÄI PÄL DU NYUR ZHÄ SHOG

**Nevertheless, through the undecieving truth
Of the blessings of the ocean of the Three Jewels
And the great waves of bodhicitta of the children of
the victorious ones,
May the smile of a reincarnation swiftly beam in
glory for fortunate disciples!**