

Guru Rinpoche Puja, Shantideva Center



The very famous Padmasambhava statue that is called “Looks Like Me” in Tibet that Lama Zopa Rinpoche often uses as an example

Taking Refuge and Generating Bodhicitta

Namo Gurubhya

(To the Guru I go for refuge.)

Namo Buddhaya

(To the Buddha I go for refuge.)

Namo Dharmaya

(To the Dharma I go for refuge.)

Namo Sanghaya (3x)

(To the Sangha, I go for refuge.) (3x)

Refuge and Bodhicitta

I take refuge until I have awakened
in the Buddha, the Dharma, and the Sangha.
By the merit I create by engaging in generosity
and the other far-reaching practices,
may I attain buddhahood in order to benefit all sentient beings. (3x)

The Four Immeasurable Thoughts

May all sentient beings have happiness and its causes.

May all sentient beings be free from suffering and its causes.

May all sentient beings never be separated from sorrowless bliss.

May all sentient beings abide in equanimity,
free of bias, attachment, and anger.

Request for Inspiration

Glorious and precious root guru,
Please abide on the lotus and moon seat on my crown,
And taking care of me with your great kindness,
Bestow upon me the attainments
of your holy body, speech, and mind.

Visualization

On the moon and sun within the blossoming
hundred thousand petaled lotus seat above your head,
Inseparable from one's Root Lama, the union of the refuges,
Is the emanation body TshoKye Dorje (Padmasambhava).

His complexion is white with pinkish hue, and youthful appearance.
He is attired in a gown, monastic robe, and brocade cape.

With one face and two hands, he sits in the royal playful posture.
In the right hand he holds a vajra and in the left
a skull cup containing a vase.

He wears the Lotus Hat on his head.
In the cleft of his left arm he holds his divine consort,
embodying the unity of bliss and emptiness,
Concealed in the form of a sacred trident.
He sits amidst rainbow rays and discs of radiant light.
In the outer perimeter, in the vastness
of the exquisite lattice of five-colored lights
Are seated the twenty-five emanation disciples.

The king and subjects; the spiritual scholars and sages,
knowledge-holders of India and Tibet, and tutelary deities,
Dakinis, Dharmapalas, vow-holders;
All are gathered together like a cloud.

Visualize them in the state of the great equanimity
of luminescence and emptiness.

The Seven-Limb Prayer

Reverently I prostrate with my body, speech, and mind,
And present clouds of every type of offering,
 actual and mentally transformed.

I confess all my destructive actions
 accumulated since beginningless time

And rejoice in the virtues of all holy and ordinary beings.

Please remain until cyclic existence ends

And turn the wheel of Dharma for sentient beings

I dedicate all the virtues of myself and others to the great awakening.

Mandala Offering

This ground, anointed with perfume, flowers strewn,
Mount Meru, four lands, sun and moon,
Imagined as a Buddha land and offered to you,
May all beings enjoy this pure land.

The objects of attachment, aversion and ignorance—
friends, enemies and strangers, my body, wealth and enjoyments—
I offer these without any sense of loss.

Please accept them with pleasure and inspire me and others
to be free from the three poisonous attitudes.

IDAM GURU RATNA MANDALA KAM NIRYA TAYAMI

Generate strong faith that Padmasambhava is right in front of you or on your crown. Think that Padmasambhava's omniscient mind can see you, understand your request, and that there is no place that Padmasambhava's holy body, speech, and mind does not cover. Think that Padmasambhava, radiant, glorious, magnificent one, looks at you with compassionate smile and loving eyes.

Seven-Line Prayer

HUNG in the northwest of the country of Oddiyana,
In the heart of a lotus flower,
Endowed with the most marvelous attainments,
You are renowned as the "Lotus Born,"
Surrounded by many hosts of dakinis.
Following in your footsteps,
I pray to you to come and bless me with your grace.

GURU PADMA SIDDHI HUNG

Visualization & Mantra Recitation

From the syllable OM like crystal
in the center of the forehead of Guru Rinpoche, rays are projected.
They penetrate the crown of my head,
Cleansing the defilements of the actions of the body and channels,
I obtain the blessings of the vajra-body.
In my mind is placed the capacity for attaining
the state of Nirmanakaya, the Manifestation Body.

From the syllable AH shining like a ruby
in the throat of Guru Rinpoche, rays are projected.
They penetrate my throat,
Purifying the defilements of the karmas of speech and the wind;
The blessings of the vajra-speech enter me.
In my mind is placed the capacity for attaining
the state of sambogakaya, the enjoyment body.

From the sky-colored syllable HUNG
in the heart of Guru Rinpoche, rays are projected.
They penetrate my heart,
Purifying the defilements of the karmas of mind and essence.
The blessings of the vajra-mind enter me.
In my mind is placed the capacity for attaining
the state of dharmakaya, the truth body.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG (21x)

*(More mantras silently on your own while visualizing the light rays coming
into your body.)*

Prayer to Guru Rinpoche to Clear Away Obstacles on the Path

Precious guru, embodiment of all buddhas of the three times;
Great bliss, the lord of all accomplishments;
Wrathful power, who dispels all hindrances and subdues demons;
Pray bestow your blessings.
Please remove the outer, inner, and secret obstacles
and grant your blessings to accomplish wishes spontaneously.

Du sum sang gyay guru rinpoche
Ngo drup kun dak de wa chhen poi zhap
Bar chhad kun sel dud dul drak po tsal
Sol wa deb so jyin gyiy lap tu sol
Chhyi nang sang wai bar chhad zhi wa dang
Sam pa lhun gyi drup par jyin gyi lob

When, due to the obstacles of the elements earth, water, fire and wind,
This illusory body, which is rented, is meeting the time to be perished,
Requesting undoubtedly, without two-pointed mind
to Padmasambhava and the Goddess of the Elements,
[there is] no doubt the four elements get naturally pacified.
I request, Orgyen, the One Arising From the Lotus
(Orgyen Padma Chung Na),
Please bless the wishes to succeed naturally.¹

BARCHEY LAMSEL

The Supplication to Guru Rinpoche Clearing the Obstacles on the Path

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

Dharmakaya Amitabha, I supplicate you.

Sambhogakaya Great Compassionate One, I supplicate you,

Nirmanakaya Padmakara, I supplicate you.

My guru, wonderful nirmanakaya,

In the land of India, you were born, you studied and contemplated.

Journeying in person to Tibet, you tamed the demonic forces.

Residing in the land of Uddiyana, you acted for the welfare of beings.

Through your kindness, bestow your blessings upon me.

Through your affection, guide myself and others on the path.

Through your realization, grant me the siddhis.

Through your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When seeing the wonder of bodily forms,
You make the sword mudra with your right hand.
With your left, you make the summoning mudra.
With gaping mouth, bare fangs, and upward gaze,
Gyalwey Dungdzin, Lord of Beings,
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.
Clear the inner obstacles internally.
Clear the secret obstacles spontaneously.
Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When receiving the precious and sacred teachings
Your radiant body is endowed with a luminous complexion.
Your right hand holds the scriptures of the tripitaka.
Your left holds a volume of Kilaya.
You comprehend all the profound teachings. Pandita of Yanglesho,
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When binding the vow holders under oath,

at the beautiful and immaculate supreme place

at the borderline between India and Tibet,

You bestowed your blessings, on the moment of arrival,

At the mountain endowed with enveloping fragrance.

Even in winter time lotus flowers bloom at this supreme and blissful place,

The Spring of Enlightenment with nectar-like water.

Kyechok Tsulsang, dressed in the robes of the Dharma,

Your right hand holds the nine pronged vajra

Your left holds a jewel casket filled with rakta nectar.

You bound under oath the dakinis and vow holders.

Seeing the yidam face to face, you accomplished the siddhis.

With your kindness, bestow your blessings upon me.

With your affection, guide myself and others on the path.

With your realization, grant me the siddhis.

With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When establishing the doctrine of the Victorious One,

You performed sadhana in the forest of the Slate Mountain.

Throwing your recitation dagger into the sky's expanse,

You caught it and rolled with your vajra mudra.

Rolling, you threw it into to the sandalwood forest,

The fire blazed and the lake dried up.

Instantly you burned away all the places of the tirthikas

And reduced the black yakshas to dust.

Matchless Slayer of Demons,

With your kindness, bestow your blessings upon me.

With your affection, guide myself and others on the path.

With your realization, grant me the siddhis.

With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When you subjugate the rakshas, young boy in nirmanakaya attire,
Wondrous form of goodness with magnificent color,
With even teeth and beautiful golden hair,
In the manner of a sixteen year old youth,
You wear various kinds of jewel ornaments.
With your right hand you hold the bell-metal dagger,
Subjugating the maras and rakshas.
With your left you hold the teak dagger,
Protecting your devoted disciples.
Around the neck you wear the iron dagger,
Indivisible from the yidam deity.
Nondual nirmanakaya, Ornament of Jambudvipa,
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When intending to go to the land of ghosts, in the area of Mass of Fire,
Within a lake the expanse of an arrow shot,
Upon a lotus you were cooled and refreshed.
Meditating within a lotus flower, known as Padmasambhava,
You appeared as the perfect buddha in person.
Such a wondrous nirmanakaya,
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.
Clear the inner obstacles internally.
Clear the secret obstacles spontaneously.
Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When becoming the sun of Tibet, glorious guide of devoted beings,
You manifested in different forms
to tame beings according to their needs.
At the Khala pass in Tsang, you bound Dralha Genyen under oath.
At the district of Tsawey Tsasho,
The twenty-one Haughty Deva Genyens you bound under oath.
At Jamtrin of Mangyul, you bestowed siddhis on the Four Monks.
Supreme Eminent Vidyadhara,

With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.
Clear the inner obstacles internally.
Clear the secret obstacles spontaneously.
Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

At the glorious plain of Palmotang,
You bound the twelve Tenma goddesses under oath.
At the Khala pass of Central Tibet,
You bound Fleshless White Glacier under oath.
At Damsho Lhabu Nyingdrung,
You bound Thangla Yarshu under oath.
At the very summit of Hepori,
You bound all the devas and rakshas under oath.
Of all these great devas and demons,
Some offered the core of their life-force,
Some undertook guarding the teachings
And some pledged to be servants.
Mighty one with powers and miracles,

With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.
Clear the inner obstacles internally.
Clear the secret obstacles spontaneously.
Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

When establishing the doctrine of the sacred Dharma,
Like a banner of victory,
Samye, without being erected, was spontaneously accomplished
And you fulfilled the wishes of the king.
You were endowed with the names of three great beings.
One was Padmakara,
One was Padmasambhava,
And one was Lake-born Vajra.
Your secret name was Dorje Drakpo Tsal.
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

At Samye Chimphu, when practicing sadhana

You repelled negative conditions and bestowed the siddhis.

You established the king and ministers on the path of liberation

And caused the Bon doctrine, negativity in manifest form, to wane.

You showed the precious and immaculate dharmakaya

And placed the destined ones in buddhahood.

With your kindness, bestow your blessings upon me.

With your affection, guide myself and others on the path.

With your realization, grant me the siddhis.

With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

Having left for the land of Urgyen,
You now subdue the rakshas.
Your great qualities surpass any human being.
Your actions are wonderful and amazing.
Mighty one with powers and miracles,
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.
Clear the inner obstacles internally.
Clear the secret obstacles spontaneously.
Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

Possessing the body, speech and mind, you are the glorious guide of beings.
Having discarded all obscurations, you perceive the three realms vividly.
Having achieved the supreme siddhi, sublime body of great bliss,
You surely dispel the obstacles to attaining enlightenment.
With your kindness, bestow your blessings upon me.
With your affection, guide myself and others on the path.
With your realization, grant me the siddhis.
With your powers, dispel the obstacles of myself and others.

Clear the outer obstacles externally.

Clear the inner obstacles internally.

Clear the secret obstacles spontaneously.

Respectfully I bow down and take refuge in you.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

OM AH HUNG VAJRA GURU PADMA THOTRENG TSAL

VAJRA SAMAYA JAH SIDDHI PHALA HUNG AH²

SAMPA LHUNDRUPMA

The Prayer to Guru Rinpoche that Spontaneously Fulfills All Wishes

E MA HO!

In Dewachen, Blissful pure realm of the west,
Amitabha's compassionate blessing was aroused;
And he blessed his emanation, Padmasambhava,
To come into this world to bring benefit to all beings.
Compassionate one, you never cease to bring us help and well-being:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

All the Dharma Kings, from Trisong Detsen,
Down to the very end of the royal line,
Throughout past, present and future, know your constant blessing.
You are the only protection for rulers who follow Dharma, as in Tibet
Compassionate one, you safeguard the lands that practice Dharma:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

While your wisdom body subjugates the rakshasas in the south-west,
You look on sentient beings everywhere with compassion,
Magnificent guide for sentient beings led astray by ignorance,
Skillfully you teach them with their emotions so difficult to tame.
Compassionate one, your love is constant in its kindness and care:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Now, when this degenerate dark age reaches its final depths,
At dawn and dusk you come, for those that have devotion,
Riding on the rays of the rising and setting sun,
And on the tenth day of the waxing moon, you come in person.
Compassionate one, you act with vast power to help all beings:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Now in this dark age, the age of conflict, the final era of five-hundred parts,
The five poisons of the negative emotions grow ever more violent
in all sentient beings– Recklessly we indulge in destructive emotions,
and let the poisons dominate our minds.
At a time like this, let your compassion be our refuge and protection.
Compassionate one, you lead those with devotion to the higher realms:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When terrifying armies of oppression encircle us,
Menacing the great centres of Dharma with destruction,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with your retinue of the eight classes of gods and demons,
You will repel aggressors and their armies– of this we have no doubt!
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When sickness strikes, to destroy the fragile bodies of sentient beings,
When diseases plunge us into unbearable suffering and agony,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, embodiment of the Buddha of Medicine,

You will remove the obstacles that bring untimely death.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When nature turns against us and Earth's resources fail;
When sentient beings are tormented by the plague of famine,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with all your dakinis and deities of prosperity,
You will dispel all deprivation, all hunger and thirst—of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When the destined revealers retrieve hidden treasures for the benefit of beings,
Courageous and confident of our pure unbroken samaya,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, inseparable from our yidam deity,
You will ensure the true heirs receive their father's treasure
—of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When traveling through hidden lands, forests and deserted places,
When our way is blocked and we are cut off by storms, by rain and snow,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, surrounded by mighty local deities,
You will lead us practitioners to the right path— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When vicious wild animals menace us—
tigers, leopards, bears and poisonous snakes,
On our way through wild, terrifying and desolate places,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, along with your ging warriors and protectors,
You will drive off these ferocious creatures— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When obstacles arise in earth, water, fire and air,
To threaten these illusory bodies of ours with destruction,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with the goddesses of the four elements,
You will harmonize the elements into their natural state— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When traveling on dangerous routes,
If murderous bandits and robbers attack us,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, through your realization of the four mudras,
You will dispel the terror of all brutality and greed.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When faced by killers on all sides,
Who threaten us with lethal weapons,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, the protection of your vajra-tent

Will cause killers to panic and weapons to be scattered.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When this lifespan is exhausted and we come to die,
If we are racked by the intense anguish and pain of dying,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, as you are the emanation of Buddha Amitabha,
It is certain we will be born in “the Blissful!” pure realm of Dewachen:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Once this borrowed and illusory body is destroyed in the bardo realm,
When our deluded experiences and our further delusions arise to make us suffer,
With no trace of doubt or hesitation we pray: O Guru Rinpoche,
you who know past, present and future, through your compassion,
You will let all delusions be self-liberated– of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When we are overwhelmed by karma and circumstance,
And suffer through grasping at delusion as real,
With no trace of doubt of hesitation we pray:
O Guru Rinpoche, King of Great Bliss,
You will utterly destroy the delusions that bring suffering.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When beings of all six realms are tormented by immense pain,
And especially when our leaders and people are engulfed in suffering,
With intense longing and devotion, from the depths of our hearts,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with your unchanging, unwavering compassion— watch over us!
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes will be spontaneously fulfilled!³

Prayer to be Born on the Copper-Colored Mountain

Self-manifested pure appearance, vajra space of supreme bliss,
spontaneously arisen Akanishta, the dance of interwoven magical displays,
the most excellent ocean of infinite buddha-realms.
May I be born at the Glorious Copper-Colored Mountain.

At the summit of the delightful imperial mountain of rubies,
a tiered palace of jeweled domes,
superb and wondrous in its beautiful design.
May I be born at the Glorious Copper-Colored Mountain.

Amid pastures and sandalwood forests,
fresh grassy regions of turquoise gems and multi-colored lotus blossoms,
with smiling pollen hearts, boasting their youthful laughter.
May I be born at the Glorious Copper-Colored Mountain.

With rivers of amrita moistened with camphor-scented water
cascading delightfully and swirling into pools
in which youthful dancers frolic and move this way and that.
May I be born at the Glorious Copper-Colored Mountain.

From the lattice openings of the rainbow pavilion,
a sprinkling rain of flowers falls like garlands of atoms
in which great heroes sport in their dance of bliss.
May I be born at the Glorious Copper-Colored Mountain.

With most excellent abundances of numerous sense qualities,
clouds of dakinis, most beautiful and lavishly adorned,
spread endlessly into the upper reaches of the sky.

May I be born at the Glorious Copper-Colored Mountain.

At the center of the ranked assembly of gathered knowledge-holders,
the supreme victor, Padma Jyungnay, universally proclaims
the lion's magnificent sound of the profound secret (Atiyoga).

May I be born at the Glorious Copper-Colored Mountain.

Saying, "I am the essence of all buddhas,"
with the incomparable power of knowledge, love and wisdom,
he undertakes to tame accordingly the various kinds of endless beings.

May I be born at the Glorious Copper-Colored Mountain.

When this limitless treasury, an ocean of noble qualities,
is merely remembered, one is established in that realm which bears
the splendor and blessings of the wheel of wondrous activity.

May I be born at the Glorious Copper-Colored Mountain.

At this very moment, traveling instantaneously
to the beautiful city of Lotus Light, the pure realm of space,
in accordance with the example of your liberation,
the accomplishment of the two benefits according to one's wishes,
may I become as you, incomparable Guru!

Short Tendrel Nyesel Prayer

Padmasambhava, great embodiment
of all the sugatas and bodhisattavas
throughout the whole of space and time,
All you deities of the Tantras of Illusory Net,
the Dupa Do, Lama Gongdu and Kagye–
Through the power and truth
of your compassion and your blessings,
let nothing inauspicious ever come to be!

OM VAJRA GURU PADMA SHANTING KRODHA GUHYA JNANA
RULU RULU GURU DEWA DAKINI MAHA SHRI HERUKA SARWA SAMAYA
HUNG PHAT TENDREL NYE TSOK TAMCHE SHANTING KURU SVAHA (3x)

Purification of Errors

OM GURU PADMA SAMAYA MANUPALAYA / GURU PADMA
TVENOPATISHTHA / DRIDHO ME BHAVA / SUTOSHYO ME BHAVA /
SUPOSHYO ME BHAVA / ANURAKTO ME BHAVA / SARVA SIDDHIM ME
PRAYACCHA / SARVA KARMA SU CHAME / CHITTAM SHRIYAM KURU
HUM / HA HA HA HA HO / BHAGAVAN SARVA TATHAGATA / GURU
PADMA MAME MUNCHA / GURU PADMA BHAVA MAHA SAMAYA
SATTVA AH HUM PHAT

Dedication of Merit

Due to this merit may we soon
Attain the awakened state of Guru Rinpoche
That we may be able to liberate
All sentient beings from their sufferings.

May the precious bodhi mind
Not yet born arise and grow.
May that born have no decline,
But increase forever more.

May the spiritual teachers who lead me on the sacred path
And all spiritual friends who practice it have long lives
May I pacify completely all outer and inner hindrances
Grant such inspiration, I pray.

May the lives of the spiritual mentors be stable
And their virtuous actions spread in the ten directions.
May the light of Losang's teachings dispelling the darkness
Of the beings in the three worlds always increase.

¹ Colophon: The Three Vajra Lines, translator unknown. Second verse added February 2005 by Kendall Magnussen, FPMT Education Services as advised by Lama Zopa Rinpoche. Tibetan phonetics are not yet available.

² Colophon: The is extracted from the External Practice in the Manner of Supplication included in the Sheldam Nyingjang of Lamey Thukdrup Barchey Kunsel that was discovered by the undisputed and timely incarnated great treasure revealer, Orgyen Chokgyur Dechen Lingpa, from beneath the foot of the Great Glorious One at Danyin Khala Rongo. May (repeating) this be a cause for utterly pacifying all hindrances and decline, for the buddhadharma as well as for beings, and a cause for completely fulfilling all wishes of self and others. Sarva mangalam!

This supplication is the blessed words spoken by Padmasambhava before departing from Tibet. It was revealed by Terchen Chokgyur Lingpa as part of the Guru Sadhana called Tukdrub Barchey Kunsel. Translated by Erik Pema Kunsang and Ward Brisick, Boudhanath, 1989.

Rangjung Yeshe Translations & Publications, www.rangjung.com

³ From *A Great Treasury of Blessings: A Book of Prayers to Guru Rinpoche*. From Rigpa to celebrate the Wood Monkey Year 2004-2005.