

Mantra Blessing the Mala

OM RUCHIRA MANI PRAVARTAYA HUM (7x)

Mantra to Increase the Merit of Recitation

TADYATHA DHARE DHARE BENDHARE SVAHA (7x)

Taking Refuge and Generating Bodhicitta

Namo Gurubhya

(To the Guru I go for refuge.)

Namo Buddhaya

(To the Buddha I go for refuge.)

Namo Dharmaya

(To the Dharma I go for refuge.)

Namo Sanghaya (3x)

(To the Sangha, I go for refuge.) (3x)

Refuge and Bodhicitta

I take refuge until I have awakened in the Buddha, the Dharma, and the Sangha. By the merit I create by engaging in generosity and the other far-reaching practices, may I attain buddhahood in order to benefit all sentient beings. (3x)

The Four Immeasurable Thoughts

May all sentient beings have happiness and its causes.

May all sentient beings be free from suffering and its causes.

May all sentient beings never be separated from sorrowless bliss.

May all sentient beings abide in equanimity, free of bias, attachment, and anger.

The Seven-Limb Prayer

Reverently I prostrate with my body, speech, and mind,

And present clouds of every type of offering, actual and mentally transformed.

I confess all my destructive actions accumulated since beginningless time

And rejoice in the virtues of all holy and ordinary beings.

Please remain until cyclic existence ends

And turn the wheel of Dharma for sentient beings

I dedicate all the virtues of myself and others to the great awakening.

Mandala Offering

This ground, anointed with perfume, flowers strewn,
Mount Meru, four lands, sun and moon,
Imagined as a Buddha land and offered to you,
May all beings enjoy this pure land.

The objects of attachment, aversion and ignorance—friends, enemies and strangers, my body, wealth and enjoyments—I offer these without any sense of loss. Please accept them with pleasure and inspire me and others to be free from the three poisonous attitudes.

IDAM GURU RATNA MANDALA KAM NIRYA TAYAMI

Request for Inspiration

Glorious and precious root guru,
Please abide on the lotus and moon seat on my crown,
And taking care of me with you great kindness,
Bestow upon me the attainments of your holy body, speech, and mind.

Visualization

On the moon and sun within the blossoming hundred thousand petaled lotus seat above your head,
Inseparable from one's Root Lama, the union of the refuges,
Is the emanation body TshoKye Dorje (Padmasambhava).
His complexion is white with pinkish hue, and youthful appearance.
He is attired in a gown, monastic robe, and brocade cape.
With one face and two hands, he sits in the royal playful posture.
In the right hand he holds a vajra and in the left a skull cup containing a vase;
He wears the Lotus Hat on his head.
In the cleft of his left arm he holds his divine consort, embodying the unity of bliss and emptiness,
Concealed in the form of a sacred trident.
He sits amidst rainbow rays and discs of radiant light.
In the outer perimeter, in the vastness of the exquisite lattice of five-colored lights
Are seated the twenty-five emanation disciples: the king and subjects;
The spiritual scholars and sages, knowledge-holders of India and Tibet, and tutelary deities,
Dakinis, Dharmapalas, vow-holders: all are gathered together like a cloud;
Visualize them in the state of the great equanimity of luminescence and emptiness.

Seven-Line Prayer

HUNG in the northwest of the country of Oddiyana,
In the heart of a lotus flower,
Endowed with the most marvelous attainments,
You are renowned as the "Lotus Born," Surrounded by many hosts of dakinis.
Following in your footsteps, I pray to you to come and bless me with your grace.
GURU PADMA SIDDHI HUNG

*Generate strong faith that Padmasambhava is right in front of you or on your crown.
Think that Padmasambhava's omniscient mind can see you, understand your request,
and think that there is no place that Padmasambhava's holy body, speech, and mind
does not cover. Think that Padmasambhava, radiant, glorious, magnificent one, looks at
you with compassionate smile and loving eyes.*

Mantra Visualization

From the syllable OM like crystal in the center of the forehead of Guru Rinpoche, rays are projected.

They penetrate the crown of my head,
Cleansing the defilements of the actions of the body and channels,
I obtain the blessings of the vajra-body.
In my mind is placed the capacity for attaining the state of Nirmanakaya, the
Manifestation Body.

From the syllable AH shining like a ruby in the throat of Guru Rinpoche, rays are projected.

They penetrate my throat,
Purifying the defilements of the karmas of speech and the wind;
The blessings of the vajra-speech enter me.
In my mind is placed the capacity for attaining the state of sambogakaya, the enjoyment
body.

From the sky-colored syllable HUNG in the heart of Guru Rinpoche, rays are projected.

They penetrate my heart,
Purifying the defilements of the karmas of mind and essence.
The blessings of the vajra-mind enter me.
In my mind is placed the capacity for attaining the state of dharmakaya, the truth body.

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

Prayer to Guru Rinpoche to Clear Away Obstacles on the Path

Precious guru, embodiment of all buddhas of the three times;
Great bliss, the lord of all accomplishments;
Wrathful power, who dispels all hindrances and subdues demons;
Pray bestow your blessings.
Please remove the outer, inner, and secret obstacles and grant your blessings to
accomplish wishes spontaneously.

Du sum sang gyay guru rinpoche
Ngo drup kun dak de wa chhen poi zhap
Bar chhad kun sel dud dul drak po tsal
Sol wa deb so jyin gyiy lap tu sol
Chhyi nang sang wai bar chhad zhi wa dang
Sam pa lhun gyi drup par jyin gyi lob (3x)

When, due to the obstacles of the elements earth, water, fire and wind,
This illusory body, which is rented, is meeting the time to be perished,
Requesting undoubtedly, without two-pointed mind to Padmasambhava and the
Goddess of the Elements, [there is] no doubt the four elements get naturally pacified.
I request, Orgyen, the One Arising From the Lotus (Orgyen Padma Chung Na),
Please bless the wishes to succeed naturally.¹

The Supplication to Dispel Obstacles on the Path

NAMO GURU!
(Homage to the spiritual master!)

Om Ah Hung Vajra Guru Padma Siddhi Hung

Boundless Light, body of ultimate enlightenment, to you I pray.
Great Compassion, body of perfect rapture, to you I pray.
Lotus-Born, body of manifest enlightenment, to you I pray.

My spiritual master, this wondrous manifestation of enlightenment,
Was born in India, where he studied and contemplated.
When he came to central Tibet, he subdued the arrogant spirits.
Now he dwells in Oddiyana, where he works for beings' benefit.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;

Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When your amazing body was first seen,
Your right hand made the sword-gesture;
Your left, the gesture of summons.
Your mouth was open; your teeth bared; your gaze raised.
Victors' heir, you are beings' lord protector.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When you received the precious, sacred Teachings,
Your body was luminous and brilliant.
You bore the Three Collections' texts in your right hand;
Vajra Dagger's text in your left.
Learned one of Parping.
You gained comprehension of the profound Teachings.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

In the sublime sacred place of pure delight,
You bound guardians under oath.
When you arrived at the border of India and Tibet
To give your blessing,
On the sweet-smelling Fragrant Mountain
Flowers bloomed, even in winter,
And springs flowed with nectar of awakening.
In that happy, sublime sacred place,
You wore the religious robes of a sublime person.

In your right hand you bore a nine-pronged vajra;
In your left, a jeweled container
Filled with rakta nectar.
You bound dakinis and spirits under oath,
Saw the deities, and gained accomplishment.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When you established the Victor's doctrine,
You meditated in Yari Mountain's forest.
Your practice dagger rose in space.
With a vajra gesture, you grabbed and rolled it.
Rolling it, you flung it to a sandalwood forest.
It burst into raging flames, and the lake dried up.
The land of evil non-Buddhists burned
And noxious harm-bringing spirits were eradicated.
You are an incomparable slayer of demons.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

While suppressing cannibal spirits,
You appeared as a young manifestation of enlightenment—
A wonderful, excellent body, with fine complexion,
Straight teeth, and beautiful golden hair—
A youth of sixteen years of age.
You wore rich jewelry,
You suppressed demons and spirits
With a bronze dagger in your right hand.
You protected your devoted spiritual children
With an acacia dagger in your left hand.

At your throat you wore an iron dagger,
Indivisible with the deity.
You are non-dual manifest enlightenment, ornament of the world.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When you cared for demons' land,
They made a blazing pyre
Which you filled with a lake an arrow-shot wide.
On the lake, in a cool lotus
You sat, meditating.
Known by the name of Lotus-Born,
You are truly the perfect Buddha incarnate,
A marvelous manifestation of enlightenment.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When you brought sunlight to Tibet,
You acted as the illustrious leader of the faithful.
You presented yourself in ways to guide beings.
On the pass at Tsong-kha
You bound under oath the genyen war-gods.
In the region of Tsawa Tsasho
You bound under oath
Twenty-one arrogant genyen gods.
At Mong-youl, in a cloud of love,
You bestowed accomplishment upon four monks.
You are an outstanding sublime awareness holder.

Bless me with your compassion!

Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

On the splendid plain of Pol-tong
You bound the twelve tenma goddesses under oath.
At Tibet's Kha-la Pass
You bound Gong-kar Sha-me under oath.
Beside the Lha-bu Nying at Dam-sho
You bound Tong-lha Yar-zhu under oath.
On Hepori Mountain
You bound all gods and cannibal spirits under oath.
Among the gods and demons,
Some offered you their vitality mantra;
Some vowed to guard the doctrine;
Some promised to serve you:
Your magic and miracles are so powerful!

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When you established the sacred Teachings,
As of planting a victory banner,
Samye Monastery was not built;
It was completed spontaneously-
You fulfilled the king's wishes.
You assumed three sublime names:
One was Lotus-Born;
One was Padmasambhava;
And one was Lake-Born Vajra.
Your secret name is Wrathful Vajra Adept.

Bless me with your compassion!
Lovingly guide me on the path!

Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

When meditating at Samye-Chimpu,
You prevented misfortune and bestowed accomplishment.
You placed the king and his ministers on freedom's path
And made the Bon doctrines' demon-rites disappear.
With the doctrine of the pure precious body of ultimate enlightenment
You placed fortunate beings in the state of enlightenment.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

You left for Oddiyana,
Where you now suppress cannibal spirits.
You are wonderful, greater than a human being.
Your amazing conduct is exemplary.
Your magic and miracles are very powerful.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

Endowed with enlightenment's body, speech, and mind,
You have relinquished any obscurity.
You know clearly the three realms.
You have attained supreme accomplishment.
Your body is one of sublime bliss.

You will surely dispel my obstacles to awakening.

Bless me with your compassion!
Lovingly guide me on the path!
Grant me accomplishment!
Dispel our obstacles with your power!
Dispel outer obstacles without;
Dispel inner obstacles within;
Dispel secret obstacles to the absolute expanse.
I respectfully bow and take refuge in you.
Om Ah Hung Vajra Guru Padma Siddhi Hung

Om Ah Hung Vajra Guru Padma Totreng Tsai Vajra Samaya Siddhi Pala Hung Ah²

SAMPA LHUNDRUPMA

The Prayer to Guru Rinpoche that Spontaneously Fulfills All Wishes

E MA HO!

In Dewachen, Blissful pure realm of the west,
Amitabha's compassionate blessing was aroused;
And he blessed his emanation, Padmasambhava,
To come into this world to bring benefit to all beings.
Compassionate one, you never cease to bring us help and well-being:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

All the Dharma Kings, from Trisong Detsen,
Down to the very end of the royal line,
Throughout past, present and future, know your constant blessing.
You are the only protection for rulers who follow Dharma, as in Tibet
Compassionate one, you safeguard the lands that practise Dharma:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

While your wisdom body subjugates the rakshasas in the south-west,
You look on sentient beings everywhere with compassion,
Magnificent guide for sentient beings led astray by ignorance,
Skillfully you teach them with their emotions so difficult to tame.
Compassionate one, your love is constant in its kindness and care:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Now, when this degenerate dark age reaches its final depths,
At dawn and dusk you come, for those that have devotion,
Riding on the rays of the rising and setting sun,
And on the tenth day of the waxing moon, you come in person.
Compassionate one, you act with vast power to help all beings:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Now in this dark age, the age of conflict, the final era of five-hundred parts,
The five poisons of the negative emotions grow ever more violent in all sentient beings—
Recklessly we indulge in destructive emotions, and let the poisons dominate our minds.
At a time like this, let your compassion be our refuge and protection.
Compassionate one, you lead those with devotion to the higher realms:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When terrifying armies of oppression encircle us,
Menacing the great centres of Dharma with destruction,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with your retinue of the eight classes of gods and demons,
You will repel aggressors and their armies— of this we have no doubt!
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When sickness strikes, to destroy the fragile bodies of sentient beings,
When diseases plunge us into unbearable suffering and agony,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, embodiment of the Buddha of Medicine,
You will remove the obstacles that bring untimely death.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When nature turns against us and Earth's resources fail;
When sentient beings are tormented by the plague of famine,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with all your dakinis and deities of prosperity,
You will dispel all deprivation, all hunger and thirst— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When the destined revealers retrieve hidden treasures for the benefit of beings,
Courageous and confident of our pure unbroken samaya,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, inseparable from our yidam deity,
You will ensure the true heirs receive their father's treasure— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!

Grant your blessing, so all our wishes be spontaneously fulfilled!

When traveling through hidden lands, forests and deserted places,
When our way is blocked and we are cut off by storms, by rain and snow,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, surrounded by mighty local deities,
You will lead us practitioners to the right path— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When vicious wild animals menace us— tigers, leopards, bears and poisonous snakes,
On our way through wild, terrifying and desolate places,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, along with your ging warriors and protectors,
You will drive off these ferocious creatures- of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When obstacles arise in earth, water, fire and air,
To threaten these illusory bodies of ours with destruction,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with the goddesses of the four elements,
You will harmonize the elements into their natural state— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When traveling on dangerous routes,
If murderous bandits and robbers attack us,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, through your realization of the four mudras,
You will dispel the terror of all brutality and greed.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When faced by killers on all sides,
Who threaten us with lethal weapons,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, the protection of your vajra-tent
Will cause killers to panic and weapons to be scattered.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When this life-span is exhausted and we come to die,
If we are racked by the intense anguish and pain of dying,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, as you are the emanation of Buddha Amitabha,

It is certain we will be born in “the Blissful!” pure realm of Dewachen:
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

Once this borrowed and illusory body is destroyed in the bardo realm,
When our deluded experiences and our further delusions arise to make us suffer,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, you who know past, present and future, through your compassion,
You will let all delusions be self-liberated— of this we have no doubt.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When we are overwhelmed by karma and circumstance,
And suffer through grasping at delusion as real,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, King of Great Bliss,
You will utterly destroy the delusions that bring suffering.
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes be spontaneously fulfilled!

When beings of all six realms are tormented by immense pain,
And especially when our leaders and people are engulfed in suffering,
With intense longing and devotion, from the depths of our hearts,
With no trace of doubt or hesitation we pray:
O Guru Rinpoche, with your unchanging, unwavering compassion— watch over us!
To the Lotus-born Guru of Orgyen we pray!
Grant your blessing, so all our wishes will be spontaneously fulfilled!³

Prayer to be Born on the Copper-Colored Mountain

Self-manifested pure appearance, vajra space of supreme bliss,
spontaneously arisen Akanishta, the dance of interwoven magical displays,
the most excellent ocean of infinite buddha-realms.
May I be born at the Glorious Copper-Colored Mountain.
At the summit of the delightful imperial mountain of rubies,
a tiered palace of jeweled domes,
superb and wondrous in its beautiful design.
May I be born at the Glorious Copper-Colored Mountain.
Amid pastures and sandalwood forests,
fresh grassy regions of turquoise gems and multi-colored lotus blossoms,
with smiling pollen hearts, boasting their youthful laughter.
May I be born at the Glorious Copper-Colored Mountain.
With rivers of amrita moistened with camphor-scented water
cascading delightfully and swirling into pools

in which youthful dancers frolic and move this way and that.
May I be born at the Glorious Copper-Colored Mountain.
From the lattice openings of the rainbow pavilion,
a sprinkling rain of flowers falls like garlands of atoms
in which great heroes sport in their dance of bliss.
May I be born at the Glorious Copper-Colored Mountain.
With most excellent abundances of numerous sense qualities,
clouds of dakinis, most beautiful and lavishly adorned,
spread endlessly into the upper reaches of the sky.
May I be born at the Glorious Copper-Colored Mountain.
At the center of the ranked assembly of gathered knowledge-holders,
the supreme victor, Padma Jyungnay,
universally proclaims the lion's magnificent sound of the profound secret (Atiyoga).
May I be born at the Glorious Copper-Colored Mountain.
Saying, "I am the essence of all buddhas,"
with the incomparable power of knowledge, love and wisdom,
he undertakes to tame accordingly the various kinds of endless beings.
May I be born at the Glorious Copper-Colored Mountain.
When this limitless treasury, an ocean of noble qualities,
is merely remembered, one is established in that realm
which bears the splendor and blessings of the wheel of wondrous activity.
May I be born at the Glorious Copper-Colored Mountain.
At this very moment, traveling instantaneously
to the beautiful city of Lotus Light, the pure realm of space,
in accordance with the example of your liberation, the accomplishment of the two
benefits according to one's wishes,
may I become as you, incomparable Guru!

Short Tendrel Nyesel Prayer

Padmasambhava, great embodiment of all the sugatas and bodhisattavas throughout
the whole of space and time,
All you deities of the Tantras of Illusory Net, the Dupa Do, Lama Gongdu and Kagye—
Through the power and truth of your compassion and your blessings, let nothing
inauspicious ever come to be!

OM VAJJRA GURU PADMA SHANTING KRODHA GUHYA JNANA RULU RULU
GURU DEWA DAKINI MAHA SHRI HERUKA SARWA SAMAYA HUNG PHAT
TENDREL NYE TSOK TAMCHE SHANTING KURU SVAHA (3x)

Purification of Errors

OM GURU PADMA SAMAYA MANUPALAYA / GURU PADMA TVENOPATISHTHA /
DRIDHO ME BHAVA / SUTOSHYO ME BHAVA / SUPOSHYO ME BHAVA /
ANURAKTO ME BHAVA / SARVA SIDDHIM ME PRAYACCHA / SARVA KARMA SU
CHAME / CHITTAM SHRIYAM KURU HUM / HA HA HA HA HO / BHAGAVAN SARVA
TATHAGATA / GURU PADMA MAME MUNCHA / GURU PADMA BHAVA MAHA
SAMAYA SATTVA AH HUM PHAT

Dedication of Merit

Due to this merit may we soon
Attain the awakened state of Guru Rinpoche
That we may be able to liberate
All sentient beings from their sufferings.

May the precious bodhi mind
Not yet born arise and grow.
May that born have no decline,
But increase forever more.

May the spiritual teachers who lead me on the sacred path
And all spiritual friends who practice it have long lives
May I pacify completely all outer and inner hindrances
Grant such inspiration, I pray.
May the lives of the spiritual mentors be stable
And their virtuous actions spread in the ten directions.
May the light of Losang's teachings dispelling the darkness
Of the beings in the three worlds always increase.

¹ Colophon: Translator unknown. Second verse added February 2005 by Kendall Magnussen, FPMT Education Services as advised by Lama Zopa Rinpoche. Tibetan phonetics are not yet available.

² Colophon: The indisputable, great treasure revealer appropriate for this time, Orgyen Chokgyur Dechen Lingpa, drew from under the foot of Great Glorious One at the gate of Da-nyin Rong the treasure text Oral Teachings, the Heart Proclamation, Wish-Fulfilling Jewel, part of the Heart-Meditation on the Spiritual Master, Dispelling All Obstacles. This supplication constitutes the outer stage of that meditation. May this fully dispel the obstacle and frailty of the doctrine and beings, and may it be a cause for the complete accomplishments of the benefit of others and myself.

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³ From *A Great Treasury of Blessings: A Book of Prayers to Guru Rinpoche*. From Rigpa to celebrate the Wood Monkey Year 2004-2005.