

Introduction to Tantra - Teachings with Venerable Amy Miller October 9-11, 2020

Online Resources

Introduction to Tantra by Lama Yeshe (transcript and video available):

Part 1: https://www.lamayeshe.com/article/introduction-tantra

Part 2: https://www.lamayeshe.com/article/chapter/introduction-tantra-second-teaching

Why We Need to Practice Tantra by Lama Zopa Rinpoche:

https://www.lamayeshe.com/article/chapter/chapter-6-why-we-need-practice-tantra

Tara the Liberator by Lama Zopa Rinpoche: https://www.lamayeshe.com/article/tara-liberator

Tantra and Compassion by Lama Zopa Rinpoche:

https://www.lamayeshe.com/article/chapter/tantra-and-compassion

Various Aspects of Tantra by HH Trijang Rinpoche:

https://www.lamayeshe.com/article/various-aspects-tantra

Additional Recommended Readings

Yeshe, Lama Thubten. Introduction to Tantra: The Transformation of Desire. Boston: Wisdom, 2005.

Hopkins, Jeffrey. The Tantric Distinction: An Introduction to Tibetan Buddhism. Boston: Wisdom, 1984.

Yeshe, Lama Thubten. *The Essence of Tibetan Buddhism.* Weston MA: LamaYeshe Wisdom Archive, 2001.

Gyatso, Tenzin, His Holiness the Fourteenth Dalai Lama. Tantra in Tibet. Ithaca: Snow Lion, 1987.

Yeshe, Lama Thubten. Becoming the Compassion Buddha. Boston: Wisdom, 2012.