

Dedications – Lama Zopa Rinpoche

May bodhichitta grow and grow in the hearts of all

Due to all the past, present, and future merits collected by me, the three-time merits collected by numberless sentient beings and buddhas, may bodhichitta be actualized in one's own heart, in the hearts of one's family members, in the hearts of all the students in this organization, in the hearts of all the sponsors and benefactors, and in the hearts of everybody who has offered service to the organization in the past, who is offering now, and whoever will offer in the future.

May bodhichitta be actualized in the hearts of those who rely upon me, whom I promise to pray for, whose names have been given to me; in the hearts especially of all the people who came to the center in the past, who are coming now, who will be coming in the future; in the hearts of all the organizers, the people who have served as directors at various times since the center started.

May bodhichitta be actualized in one's own heart and in the hearts of all these sentient beings, without delay even a second.

And in whose hearts bodhichitta is generated, may it increase.

May bodhichitta grow in the hearts of the leaders of mainland China and the countries where there is suffering

Due to all the past, present, and future merits collected by me and the three-time merits collected by numberless sentient beings and buddhas, may bodhichitta be actualized in the hearts of all the leaders of the world, especially leaders in mainland China and leaders of the world whose countries, due to lack of compassion and a good heart, suffer so much, where there are so many problems, torture, no freedom; may bodhichitta be generated in their hearts.

May bodhichitta grow in the hearts of spiritual practitioners

Due to all the past, present, and future merits collected by me and the three-time merits collected by others, may bodhichitta be actualized in the hearts of all the people who follow the different religions, so that the world will be filled with perfect peace and happiness and everyone's actions, whatever they do, will become only the cause of benefitting each other, not harming, only the cause of happiness for all sentient beings and only the cause of enlightenment.

May His Holiness the Dalai Lama live long

Every single Dharma understanding we have, every single negativity purified, every single merit, every virtue collected—all this is basically due to His Holiness the Dalai Lama's kindness, Chenrezig's kindness.

The opportunity to do retreat here, that is due to His Holiness's kindness.

All the opportunities we have, in every second, in every second—this perfect human body, which is extremely difficult to find again, and with which, every second, you can achieve the three great purposes: the happiness of future lives, liberation from samsara, and ultimate happiness, enlightenment; this perfect human rebirth, with which all your wishes can be fulfilled, up to enlightenment, and with which you can fulfill the wishes of each and every single sentient beings, in each realm—all this is due to the kindness of His Holiness the Dalai Lama.

So please pray that His Holiness will have a stable life and that all the holy wishes succeed immediately.

May Lama Yeshe's wishes be fulfilled

Then, of course, the one whose kindness is greater than all the past, present, and future buddhas: Lama Yeshe. Even though most of us haven't met Lama Yeshe, haven't received teachings, we are continuously guided, we are continuously guided by Lama Yeshe, and are receiving his kindness, continuously.

Every single word of Dharma we learn from the FPMT centers, from the resident geshes, the teachers, Tibetan or Western or any nationality, all this is because of Lama Yeshe's kindness, the power of the kindness of Lama Yeshe.

Whatever Lama had planned, the wishes he had: may they be actualized.

May Lama Osel Rinpoche live long

May Lama Osel Rinpoche have a long life and be a dynamic teacher in this world, for the young people especially; may he be an inspiration, liberate them from oceans of samsaric suffering, and bring them in full enlightenment.

May he be like the sun shining, a dynamic guide in this world for everybody, the light eliminating the darkness of the ignorance of sentient beings, which has made them suffer from beginningless rebirth.

Please pray for that.

May we have all the qualities of Lama Tsongkhapa

Due to all the past, present, and future merits collected by me and numberless sentient beings and buddhas, the three-time merits collected by others, may I have all the qualities of Lama

Tsongkhapa and be able to offer limitless skies of benefit to sentient beings by giving the teachings of Buddha just like Lama Tsongkhapa did, and may I be like this in all my lifetimes.

May all beings have happiness, the lower realms emptied, and may I do this by myself alone

Due to all the past, present, and future merits collected by me, the three-time merits collected by numberless sentient beings and buddhas, may all the father and mother sentient beings have happiness and may the three lower realms be empty forever; may all the bodhisattvas' prayers succeed immediately; and may I be able to cause all this to happen by myself, alone.

May I who am empty lead all sentient beings who are empty to enlightenment, which is empty

Due to all the past, present, and future merits collected by me, the three-time merits collected by numberless sentient beings and buddhas, which do exist but which do not exist from their own side, which are totally empty; may the I that does exist but does not exist from its own side, which is totally empty, achieve enlightenment, which does exist but does not exist from its own side, which is totally empty, and lead all the sentient beings, who do exist but do not exist from their own side, who are totally empty, to that enlightenment, which does exist but does not exist from its own side, which is totally empty, by myself alone, who does exist but does not exist from its own side, who is totally empty.

May I follow all the deeds of Samantabhadra and Manjugosha

I dedicate all the merits to be able to follow the holy extensive deeds of bodhisattvas Samantabhadra and Manjugosha just as they realized them; I dedicate all the merits in the same way that the three-time buddhas have dedicated.

May all the centers spread the Dharma in the hearts of all sentient beings

May all the centers of the whole FPMT organization be able to spread Buddhadharma in the hearts of numberless sentient beings and bring them realizations and lead them to enlightenment as quickly as possible.

May all the centers be most beneficial for sentient beings. May every one of them be able to cause all sentient beings to find faith in karma, devotion in the Buddha, Dharma, Sangha, and to actualize bodhichitta and to be completely able to actualize Lama Tsongkhapa's teachings.

May we always meet the virtuous friend and see them as the buddha

Due to all the past, present and future merits collected by me, by the buddhas and sentient beings, may I and my family members and all the students and benefactors in this organization, especially those who sacrifice their lives serving others and serving the Buddha's teachings, in all our lifetimes may we be able to meet only the perfectly qualified Mahayana virtuous friend and, from our side, be able to see them only as an enlightened being and to be able to do only actions most pleasing the holy mind of the virtuous friend. From our own side, may we be able to fulfill the holy wishes of the virtuous friend immediately in all our lifetimes.

May this happen.

From now on may we be guided by a perfectly qualified guru and may we only ever please their holy mind and, due to that, may we quickly achieve the state of buddhahood and lead all sentient beings into that enlightenment as quickly as possible, by myself, alone.