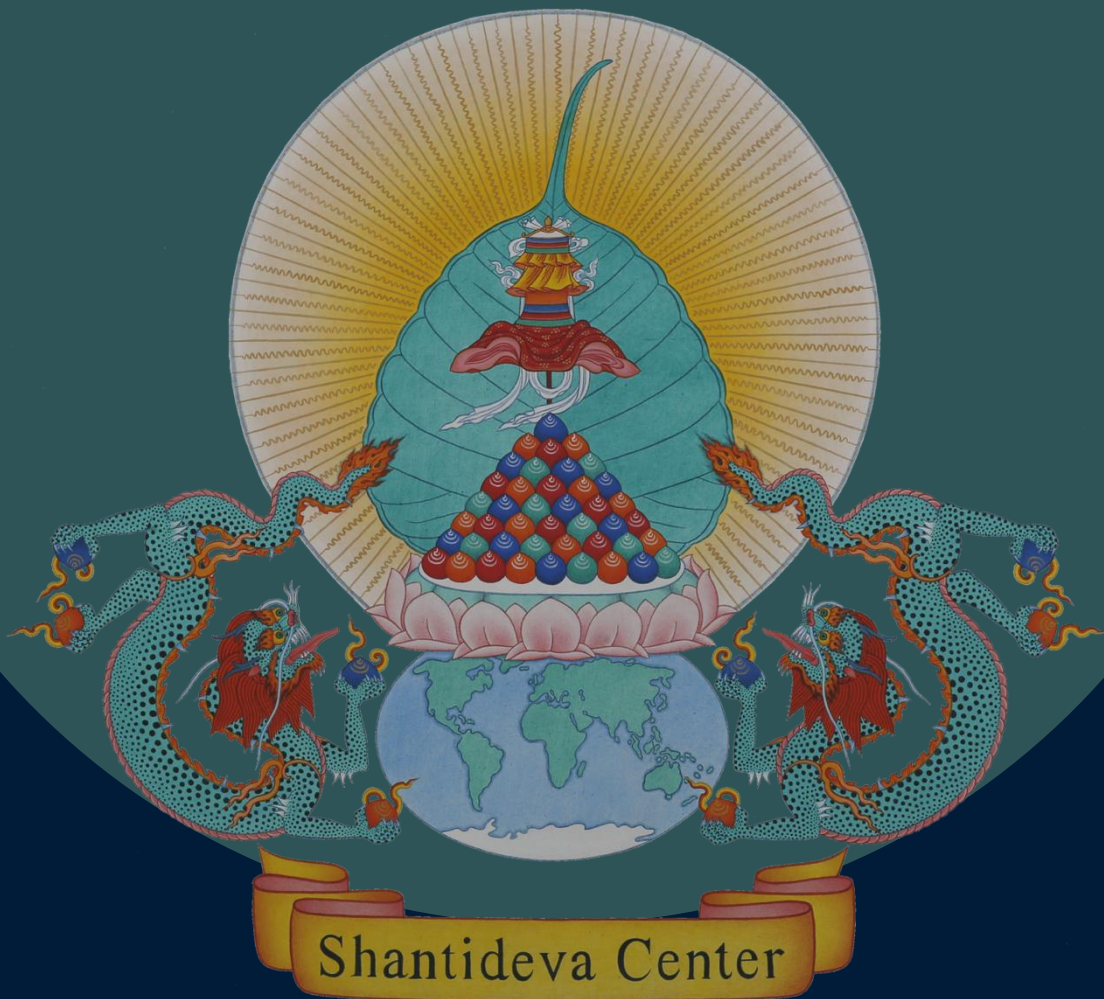


PRAYERS FOR TEACHINGS

His Eminence Jhado Rinpoche
December 23, 2025
Shantideva Center



BEFORE TEACHINGS

Short Mandala Offering

Sa zhi pö kyi jug shing me tog
tram

Ri rab ling zhi nyi dä gyän pa
di

Sang gyä zhing du mig te ül
wa yi

Dro kün nam dag zhing la chö
par shog

***This ground, anointed with
perfume, strewn with flowers,
Adorned with Mount Meru,
four continents, the sun and
moon,***

*I imagine this as a buddha-
field and offer it.*

*May all living beings enjoy
this pure land!*

IDAM GURU RATNA
MANDALAKAM
NIRYATAYAMI

AFTER TEACHINGS

Short Mandala Offering

Sa zhi pö kyi jug shing me tog
tram

Ri rab ling zhi nyi dä gyän pa
di

Sang gyä zhing du mig te ül
wa yi
Dro kün nam dag zhing la chö
par shog

***This ground, anointed with
perfume, strewn with flowers,
Adorned with Mount Meru,
four continents, the sun and
moon,
I imagine this as a buddha-
field and offer it.
May all living beings enjoy
this pure land!***

IDAM GURU RATNA

MANDALAKAM

NIRYATAYAMI

**Abbreviated Long Life
Prayer of Kyabje Jhado
Rinpoche**

Sang gyä tän pa dar wa dang
Tän dzin kyi bu zhab päi ten
Dro kün de kyi jung wa dang
Nä kab thar thug dön drub
shog

***May the teachings of the
Buddha flourish***

***And may those upholding the
teachings have long lives.***

***May all transmigratory
beings be well and happy.
And may their temporary and
ultimate aims be
accomplished.
We make our request, Kyabje
Jhado Rinpoche, please live
long.***

Colophon for the Long Life Prayer of
Jhado Rinpoche:

Composed by Jhado Rinpoche in Tibet in
1986, for the devotees in his birthplace in
Namtso, Tibet, who requested a prayer to
recite for his long life. Translation and
Tibetan phonetics by Ven. Steve Carlier.
The last line, which was not in the
original prayer, was added by Vens. Steve
Carlier and Tenzin Tsomo, 2018.

Dedication Prayers

Ge wa di yi nyur du dag
La ma sang gyä drub gyur nä
Dro wa chig kyang ma lü pa
De yi sa la gö par shog

*Due to the merits of these
virtuous actions*

*May I quickly attain the state
of a Guru-Buddha*

*And lead all living beings,
without exception,*

Into that enlightened state.

Jang chhub sem chhog rin po chhe
Ma kye pa nam kye gyur chig
Kye wa nyam pa me pa yang
Gong nä gong du phel war shog

***May the supreme jewel bodhichitta
That has not arisen, arise and grow;
And may that which has arisen not
diminish
But increase more and more.***